

## **Belmont College Massage Therapy Clinic Guidelines**

Thank you for your interest in the Massage Therapy Clinic! Belmont College started the Massage Therapy Program in Fall 2023. We have two faculty members that are dedicated to teaching and mentoring our future massage therapists of the Ohio Valley and surrounding areas. With your help, our students will gain the necessary experiences to be successful in the massage therapy field.

To book an appointment with one of our massage therapy students, please visit us online to schedule your appointment. Please note that the clinic hours may vary. Our clinic includes an open, shared space with privacy partitions between massage tables. Cost of a massage in this area is \$25.00/50-minute massage. For a private space, cost is \$35.00/50-minute massage. Requests for a specific student therapist will not be honored.

### **Guidelines**

- Please arrive to the massage therapy clinic 15-minutes before your scheduled appointment. This will allow time to complete necessary paperwork/intake form. The information collected will remain confidential. Information collected will only be used to best serve your massage needs during your appointment.
- If returning to the massage therapy clinic for a second (or beyond) massage, you will be required to complete the necessary paperwork/intake form each time.
- Your student massage therapist will discuss any preferences you may have for your session including modality and areas of focus.
- You are encouraged to provide feedback to your student massage therapist regarding technique and pressure. Please keep in mind that they are students and still learning.
- Your massage will be a full body massage. This includes the face, scalp, neck, upper chest, arms, hands, legs, feet, hips, and back. Should you prefer an area not be massaged, please discuss with your student massage therapist prior to your massage.
- Professional draping is taught in all our classrooms and adhered to in our clinic. This means that you will be fully covered with a sheet and a blanket with only the areas being worked on as uncovered.
- To ensure your personal relaxation, please remove only as much clothing as you are comfortable. If you are receiving a massage in the open, shared space, it is recommended that you remain in a sports bra/bike shorts. Although you will be covered, this is for your own comfort.
- Please remove all jewelry.
- A faculty member will be always present in the massage therapy clinic. This is to supervise and to monitor your massage. While we do not wish to disturb your relaxation, we might check on your massage at some point during your session. Feel free to ask questions of the student or faculty member at any time.
- Please do not bring any unnecessary items into the massage therapy clinic. Belmont College is not responsible for lost, stolen, or forgotten items. Water will be available.
- At the conclusion of your session, you will be given time to dress and gather your belongings. You will be asked to complete an evaluation form to help the massage

student reflect and develop their skill set. Please be honest and thorough in your evaluation, keeping in mind these are students.

- Our students are not yet licensed as massage therapists. They are not permitted to have contact with you outside of our massage therapy clinic. Please do not ask them for their contact information or request appointments outside of Belmont College. Doing so can result in the student's removal from our program and your being removed from participation in the massage therapy clinic and prohibited from returning.
- If able, please show your appreciation with a small gratuity.
- As in any professional massage environment, inappropriate behavior is not tolerated. You will be asked to leave and be removed from participation in the massage therapy clinic. Behaviors deemed as inappropriate are determined by massage therapy clinic faculty.
- In accordance with the law, our massage therapy students will not prescribe, diagnose, or treat illness, disease or any other physical or mental disorder.
- We deserve the right to decline a session to any person who's medical condition is deemed not appropriate for a student massage therapist.
- All sessions are given in the most professional, non-sexual, and non-judgmental manner. Any guests that exhibit inappropriate behavior will be asked to leave immediately.
- You must be 18-years of age to receive a massage at our massage therapy clinic. Please do not bring young children with you to your appointment.
- Please turn off all cellphones while in the massage therapy clinic.

**Cancellation and No-Show Policy**

If you arrive late for your appointment, your session may need to be shortened to remain on schedule for rest of the day. As a courtesy, we will attempt to contact you to confirm your scheduled appointment. If you need to cancel or reschedule your appointment, please contact 740-699-3953. Please provide 24-hour notice for your cancellation. Refunds will not be provided.

If Belmont College needs to cancel your appointment due to unforeseen circumstances and you have already made a payment, you will receive a full refund.

**This is to certify that, for and in consideration of, the reduced charge for massage therapy treatments rendered, I do hereby release Belmont College, students, and faculty of the massage therapy program at Belmont College from all liabilities in any manner relating to my massage therapy treatment(s) rendered by students at Belmont College.**

\_\_\_\_\_ Signature \_\_\_\_\_ Date